

# Carpal Support Device

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## Introduction

**Spastic Cerebral Palsy (CP)** is the most common form of CP and affects **13.6 million** people worldwide.<sup>[1]</sup> Spasticity causes **muscle stiffness and tightness**.<sup>[2]</sup>

Current treatment options are **orthopaedic surgery or physical therapy** which is costly. Other hand orthopaedic devices limit normal hand function & are bulky & costly.

## Needs Statement

A way to safely **reduce involuntary movements and provide support** in the arms of children with cerebral palsy that **increases their independence**, by facilitating the **easier performance of daily tasks**, such as eating and writing.

## Criteria

Our device will:

- Allow CP patients to use their hand more effectively.
- Allow more patient independence.
- Counteract clenching of the hand and wrist, while allowing normal hand functions.
- Be adjustable using only the opposite hand.

## Solution

The carpal support was designed to strengthen hand and wrist muscles of children with cerebral palsy.

Our device has three functional components:

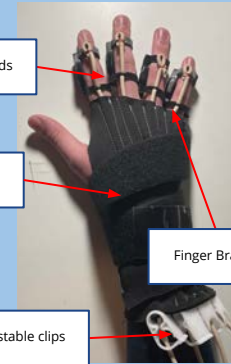
- Finger Braces
- Tension Cords
- Wrist Brace

### Model of Finger brace:



### Finger Braces:

The finger braces use the spring forces to keep the fingers open and flexed. Each brace is custom fit to ensure security and proper functionality.



### Tension Cords:

The tension cords pull each finger back, keeping the palm open and fingers out of their desired curled position. We are using TheraBand rubber for the tension cords.

### Wrist Brace:

The wrist brace keeps the wrist and thumb open and extended. It is manufactured out of neoprene and cotton to ensure comfort and durability.

## Evaluation and Testing

### Strength Simulation Testing

Applying a load of 15 lbs to the joint with the rings fixed in place shows a maximum of 670 psi. Tensile strength of PLA is around 5200 psi<sup>[3]</sup>, this would be strong enough to withstand the forces of a child using the device.

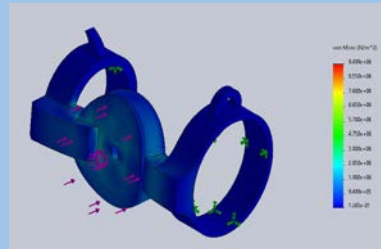
### Future Testing:

#### Russian Stimulation Testing

Evaluate device's ability to open fingers safely

### Testing the Device on CP patients

Testing for comfort and efficacy when performing everyday tasks.



## Conclusion

How the device satisfies our needs criterion:

- **Versatile:** One size fits all wrist brace & scaleable finger braces
- **Comfortable:** Soft breathable wrist brace materials
- **Safe:** No sharp edges in design
- **Stable:** Tension cords provide force (2 lbf/finger) to keep fingers open
- **Durable:** Materials withstand daily wear & tear
- **Innovative:** Our device is less costly (<\$100) and more discreet than competitors

## References

- [1]: Cerebral Palsy Alliance. Causes of Cerebral Palsy. 2018. 9 October 2020.
- [2]: World Cerebral Palsy Day 2020. What is CP - Infographic Poster - English (USA). 6 October 2020. 15 October 2020.
- [3]: <http://2015.igem.org/wiki/images/2/24/CamJIC-Specs-Strength.pdf>

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